

**Donning Personal Protective Equipment (PPE) Gown Checklist COVID 19****LISTEN & DO NOT GO A STEP AHEAD NO MATTER HOW SICK THE PATIENT IS.****DO NOT REMOVE PPE UNTIL INSTRUCTED**

DATE: \_\_\_\_\_ TIME: \_\_\_\_\_ LOCATION: \_\_\_\_\_ Patient Name: \_\_\_\_\_

HCW Name: \_\_\_\_\_ Monitor Name: \_\_\_\_\_

<b>Donning Personal Protective Equipment (PPE)</b>	<b>Monitor's initials</b>
Monitor calls out loud each step to Health care worker (HCW) and signs when complete	
<b>Prior to Procedure</b>	
Ensure a pedal operated healthcare waste bin is available inside the room.	
Monitor confirms Health care Worker (HCW) has no personal items or jewellery on their person and long hair is tied up.	
HCW inspects PPE ensemble prior to donning.	
Monitor states "I am going to read the donning sequence to you in a step-by-step fashion." HCW is to perform each step after the monitor reads it out.	
HCW performs hand hygiene with Alcohol Based Hand Rub (ABHR).	
<b>Gown</b>	
Put on disposable gown, covering torso and clothing front and back and arms to the end of wrists.	
Secure the necktie first. Make sure the knots are not too tight to aid removal later on.	
Tie gown at the SIDE of your waist. Make sure the knots are not too tight to aid removal later on.	
<b>Respirator or surgical mask - Does the circumstance require a respirator (FFP2/FFP3)?</b> (local microbiology and infectious disease policy should guide this)	
If you wear prescription glasses remove them to fit the respirator or surgical mask.	
HCW puts on respirator OR surgical mask.	
<i>If using FFP2 or FFP3 respirator:</i>	
You need to be clean-shaven to wear a respirator.	
Check the details on the mask.	
Place mask over nose, mouth & chin.	
Secure on head with elastic ties. Place the lower tie under your ears at neck level. Place the upper tie high on the back of your head. Ensure that there are no twists in the straps.	
Fit flexible nosepiece over your nose & check to ensure there are no folds in the mask around the chin. Straighten out any fold present.	
<b>Respirator Fit Check:</b>	
Inhale, mask should collapse.	
Exhale, check for leakage around face - there should be none.	
<b>Do not proceed if mask does not meet user seal check!</b>	
<i>If using a surgical mask:</i>	
Put the mask on with the wire part at the top of the mask.	
Shape the mask around the bridge of the nose.	
Tie the top strings high up on the top of the head.	
Bring the bottom strings up in front of the ears to tie at the top.	
If mask has ear loops: after shaping mask around bridge of nose put ear loops around ears.	
After fitting respirator or surgical mask, put back on any prescription glasses, ensuring the arms of the glasses remain <b>outside</b> mask strings or loops.	

<b>Goggles if using or required *</b>	
Put on eye protection goggles ( <b>even if wearing prescription glasses.</b> ) Ensure the arms of the goggles are <i>outside</i> strings or loops of the mask.	
<b>Gloves **</b>	
Put on gloves, ensuring the gloves come outside and cover the cuffs of the gown.	
<b>Visor if using or required *</b>	
Put on visor over the respirator or surgical mask, securing any visor-fastening knob.	
<b>Verification of PPE Fit</b>	
HCW extends arms, bends at the waist, rotates neck and walks five paces.	
Monitor verifies the integrity of the ensemble.	
Monitor writes HCWs name onto sticker and puts the sticker onto the gown.	
<b>Verbal Warning</b>	
Monitor reminds the HCW of the following: <ul style="list-style-type: none"> <li>• “Keep your hands away from your face.”</li> <li>• “Reflex actions must be avoided.”</li> <li>• “No PPE is to be adjusted in the patient’s room.”</li> </ul>	

\* **Eye protection** consists of usually either goggles or visor, but sometimes both. **For aerosol generating procedures e.g. intubation, suctioning, a visor should be worn with the goggles.**

\*\* For aerosol generating procedures consider double gloving.