

**Donning Personal Protective Equipment (PPE) Coveralls Checklist COVID 19****LISTEN & DO NOT GO A STEP AHEAD NO MATTER HOW SICK THE PATIENT IS.****DO NOT REMOVE PPE UNTIL INSTRUCTED**

DATE: \_\_\_\_\_ TIME: \_\_\_\_\_ LOCATION: \_\_\_\_\_ Patient Name \_\_\_\_\_

HCW Name: \_\_\_\_\_ Monitor Name: \_\_\_\_\_

<b><u>Donning Personal Protective Equipment (PPE)</u></b>	<b>Monitor's initials</b>
Monitor calls out loud each step to Health Care Worker (HCW) and signs when complete	
<b>Prior to Procedure</b>	
Ensure a pedal operated healthcare waste bin is available inside the room.	
Monitor confirms Health care Worker (HCW) has no personal items or jewellery on their person and long hair is tied back.	
HCW inspects PPE ensemble prior to donning.	
HCW ensures that they are wearing wipeable shoes.*	
Monitor states "I am going to read the donning sequence to you in a step-by-step fashion." HCW is to perform each step after the monitor reads it out.	
HCW performs hand hygiene with Alcohol based Hand Rub (ABHR).	
<b>Inner Gloves</b>	
Put on first pair of gloves.	
<b>Coverall</b>	
Put on coverall, zipping it up half way.	
Ensure cuffs of inner gloves are tucked <b>under</b> the sleeve of the coverall.	
If there are thumb loops on coverall, engage thumbs in thumb loops.	
<b>Respirator or surgical mask - Does the circumstance require a respirator (FFP2/FFP3)?</b> (local microbiology and infectious disease policy should guide this)	
If you wear prescription glasses remove them to fit the respirator or surgical mask.	
HCW puts on respirator (FFP2 or FFP3) OR surgical mask.	
<i>If using FFP2 or FFP3 respirator:</i>	
You need to be cleanshaven to wear a respirator.	
Check the details on the mask.	
Place mask over nose, mouth & chin.	
Secure on head with elastic ties. Place the lower tie under your ears at neck level. Place the upper tie high on the back of your head. Ensure that there are no twists in the straps.	
Fit flexible nose piece over your nose & check to ensure there are no folds in the mask around the chin. Straighten out any fold present.	
<b>Respirator Fit Check:</b>	
Inhale, mask should collapse.	
Exhale, check for leakage around face - there should be none.	
<b>Do not proceed if mask does not meet user seal check!</b>	
<i>If using a surgical mask:</i>	
Put the mask on with the wire part at the top of the mask.	
Shape the mask around the bridge of the nose.	
Tie the top strings high up on the top of the head.	

Bring the bottom strings up in front of the ears to tie at the top.	
If mask has ear loops: after shaping mask around bridge of nose put ear loops around ears.	
After fitting respirator or surgical mask, put back on any prescription glasses, ensuring the arms of the glasses remain <b>outside</b> mask strings or loops.	
<b>Goggles if using or required **</b>	
Put on eye protection goggles ( <b>even if wearing prescription glasses.</b> ) Ensure the arms of the goggles are <i>outside</i> strings or loops of the mask.	
<b>Coverall Hood</b>	
If the coverall has a hood, raise the hood so that it covers ears and hair.	
Zip up coverall fully, securing any zip overflap.	
Monitor confirms with HCW that ears, hair and neck are completely covered and that respirator bands are tucked inside the hood.	
<b>Outer Gloves</b>	
Put on second pair of gloves, ensuring the gloves come <b>outside</b> and are pulled <b>over</b> the sleeves of the coverall.  This is easier to do if the coverall has thumb loops. If your coverall suit does not have thumb loops, then hold the sleeve edge of the suit well down in the palms when putting on the second pair of gloves to ensure that the cuff of the second glove is pulled <b>over</b> the sleeves of the coverall.	
<b>Visor if using or required **</b>	
Put on visor over the respirator or surgical mask and coverall hood, securing any visor-fastening knob.	
<b>Verification of PPE Fit</b>	
HCW extends arms, bends at the waist, rotates neck and walks five paces.	
HCW bends down quickly as if to pick up a pen from the floor but do not touch the floor.	
Monitor verifies the integrity of the ensemble and that there is no skin exposure.	
Monitor writes HCWs name onto sticker and puts the sticker onto the coverall.	
<b>Verbal Warning</b>	
Monitor reminds the HCW of the following: <ul style="list-style-type: none"> <li>• “Keep your hands away from your face.”</li> <li>• “Reflex actions must be avoided.”</li> <li>• “No PPE is to be adjusted in the patient’s room.”</li> </ul>	
<b>Last step of donning process</b>	
HCW disinfects outer-gloved hands with ABHR and proceeds to patient room.	

\*An alternative footwear is wellington boots. Care must be taken if wearing these to ensure that the clothes remain *inside* the boot, with the coverall placed over the *outside* of the wellington. This level of protection is not routinely required for Covid-19 precautions. If using, you should be trained in their use to ensure that you are donning correctly with them.

\*\* **Eye protection** consists of usually either goggles or visor, but sometimes both. **For aerosol generating procedures e.g. intubation, suctioning, a visor should be worn with the goggles.**